

# 香港航空青年團

## HONG KONG AIR CADET CORPS

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### Invitation of participate in the Government Flying Service National Security Cup (GFS NS CUP)

The Government Flying Service are pleased to invite our members to join their National Security Cup Indoor Rowing Race. This event aims to celebrate and promote awareness of the National Security Law Education Day, which falls on 15 April each year, as designated by adopting the National Security Law of the People's Republic of China on 1 July 2015.

#### Event Information as below:

Government Flying Service National Security Cup (GFS NS CUP)	
Date	3 April 2025 (Thursday)
Time	0930-1530
Venue	GFS Headquarters Hangar Zone 4, 18 Perimeter Road, Hong Kong International Airport
Target Candidates	All members (Age 16 or above)
Dress Code	Corps Polo with Jeans and sports Shoes (Bring PTU)
Race Details	Individual Race: <u>(Age 16 or above)</u> 1. Male / Female Individual 500m Event 2. Male / Female Individual 2 minute and 30 seconds "Max" Race  Safeguarding National Security Cup: <u>(Age 16 or above)</u> 10 minutes (Mixed Relay): Team of 5 rowers; each team must include at least <u>one female</u> rower
Deadline	20 February 2025

This exhilarating sports competition showcases the endurance and athletic abilities of individuals and teams, fostering a spirit of sportsmanship and healthy competition.

Participants can compete alongside GFS staff, doctors, nurses and auxiliary members.

For those interested, please complete the **Application Form (Appendix I)** and **PAR-Q** (Appendix II). Should you have any inquiries, please do not hesitate to contact us at [phyasmt@gmail.com](mailto:phyasmt@gmail.com).

Please refer to the Indoor Rowing Competition Guidelines for Participants (Appendix III) for more details and guidelines.

Appendix:

1. Application Form (Appendix I)
2. PAR-Q (Appendix II)
3. Indoor Rowing Competition Guidelines for Participants (Appendix III)

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